

What is Constellation Work?



An intro into the process & philosophy that is Constellation work Facilitated by Judy Young Melanson

When: Wednesday September 13, 2023, 7-8 pm (Atlantic Time)

Where: via Zoom

Investment: Your presence

Join a friendly, informational group that will introduce you to the process and philosophy of Systemic Constellation Work. This group will provide information and examples of how SCW uncovers hidden dynamics, resources and offers (often surprising) re-solutions!

Family & Systemic Constellation work is a method synthesized by German philosopher, psychotherapist and author Bert Hellinger (1925-2019) and is practised worldwide. The process is experiential and multi-dimensional, used to better understand hidden patterns affecting us in personal, organizational and collective issues. Through uncovering hidden the dynamics beneath an issue we can allow more flow, alignment and balance, benefiting individuals & the systems to which we belong.

Zoom link will be sent upon registration.

Email: judemelanson@gmail.com to register

Phone: (506) 866-3346 for more information

Facilitator: **Judy Young Melanson, SEP** is based in Atlantic Canada. She offers systemic constellation group work, privately in person, by phone & online, as well as Somatic Experiencing one to one sessions.